- Keeping Leather Tor Bridge and the river to your right, continue descending the bridleway until reaching a T junction.
- 5 At this point, turn right and follow the track for 100m down to the road and car park at Norsworthy Bridge.
- Turn left, following the road around the reservoir. Be aware of oncoming traffic, especially on the narrower sections of the road. Keep on this road around the reservoir, past car parking areas for 2.5km until reaching the small village of Sheepstor.
- 7 After Sheepstor, follow the road, turn left at the next junction signposted to Nattor. Follow this road for 1km, until crossing a cattle grid and car park at the scout hut.
- 8 At the end of the road, join the bridleway, keeping scout hut to your right. The route climbs steadily until reaching the disused Eylesbarrow Tin Mine. At this point, take the left hand fork in the bridleway, and follow this track towards Nun's Cross.
- You should be able to see South Hessary Tor on a clear day. Keep on this well defined bridleway, passing Nun's Cross Farm to your right until reaching the path junction and boundary stone at point 2.
- From here, keep straight ahead and return along the bridleway, passing South Hessary Tor until reaching your starting point at Princetown.

Top tips for enjoying mountain biking on Dartmoor

For your own safety:

- know your bike's capability and your ability;
- carry a map and compass;
- wear appropriate safety gear;
- including a helmet and appropriate clothing;
- make sure your bike is in good working order;
- carry spares for trailside repairs;
- inform someone where you are going and when you expect to be back.

Ride responsibly:

- give way to other users;
- ride in small groups;
- be aware of your potential impact on livestock and wildlife;
- think about how you ride and the impact this has on the route;
- avoid riding over or heavy braking on wet ground;
- keep to existing paths and avoid widening routes.

Please note

The information in this leaflet was correct at the time of going to print. Whilst every care has been taken to ensure accuracy, Dartmoor National Park Authority cannot accept responsibility for any inaccurate, incomplete or out of date information, or any loss or damage that may result from reliance on it.

Just a word of caution ...

Please be aware that you may find this cycling route challenging and that you should take care to exercise within your own limitations. Please remember that you cycle all routes on Dartmoor at your own risk. You should always wear suitable clothing, protective equipment and carry a good map (Ordnance Survey or equivalent) and compass. This leaflet is not suitable as your only means of navigation.

For further information:

Dartmoor National Park Authority, High Moorland Visitor Centre, Princetown, Yelverton, Devon PL20 6QF. Tel: (01822) 890414 www.dartmoor-npa.gov.uk

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GRANITE & GEARS



www.dartmoor-npa.gov.uk

CYCLING ON DARTMOOR

There are plenty of cycling opportunities along designated cycle tracks, public roads, byways and bridleways - the only place that's off limits is the open moor. To help you plan more great rides, the *Dartmoor and surrounding area for cyclists* map is available to purchase from Dartmoor National Park Authority Information Centres or from our online shop. www.dartmoor-npa.gov.uk

MOUNTAIN BIKING ROUTE

- From Princetown Information Centre, cross over the mini roundabout and follow the lane and bridleway alongside the Plume of Feathers pub for 100m, until reaching a gate. After the gate follow the bridleway for a further 3km, passing South Hessary Tor, until reaching a path junction next to a boundary marker stone.
- 2 At the path junction, turn right and follow the bridleway for 3km, descending towards Burrator reservoir. Be aware that some sections of this bridleway are difficult to ride. After reaching the edge of the forest plantation, stay on the bridleway for a further 400m until reaching a fork in the track.
- 3 Turn right and then almost immediately turn left following a bridleway down to the river at Leather Tor Bridge.

